



April 25, 2014

Parents and Players,

Welcome again to the ROCK Lacrosse Program! We are excited to be weeks away from the beginning of the summer season. In the upcoming weeks, we will share pertinent information and request you review in its entirety.

<u>TOURNAMENT VENUES</u>	<u>U11</u>	<u>U13</u>	<u>U15Red</u>	<u>U15 Blue</u>	<u>U17</u>	<u>DATES</u>
Rocket City (AL)	x	x	x	x		May 31 – June 1
LB3 (GA)*	x	x	x	x	x	June 7 - 8
Catawba Classic (SC)	x	x	x	x	x	June 14 - 15
Warrior Southern Sizzle (NC)		x	x	x	x	June 21 -22
Shore Wars (VA Beach)					x	June 28 – 29

*The Team Camp and Atlanta Lax Invitational were cancelled by organizers and have been replaced with LB3.

FORMS

Please go to rocklax.com to obtain Player and Parent Code of Conduct and Consent Waiver forms and scan completed forms to karen.bryant.bqt2@statefarm.com. Please make sure the forms are scanned in their entirety.

PHYSICAL

All players must have a physical examination good through June 30, 2014. Physical exams are good for one year from date of exam and GLL and high school physicals are acceptable. If you use GLL physical form, please remember to sign medical release at the bottom. Please scan physical to karen.bryant.bqt2@statefarm.com and make sure all pages of the physical are scanned in their entirety.

US LACROSSE MEMBERSHIP

All tournaments are affiliated with US Lacrosse and require membership for participations in tournaments. If you are not an active member, please enroll today.

<http://www.uslacrosse.org/home/membership/uslacrossemembership.aspx>

PRACTICE

Practices will begin immediately upon the completion of Gwinnett Lacrosse League (GLL) playoffs and will be released shortly thereafter. Teams will practice a minimum of twice per week however the coaches have the discretion to add additional practices. Most practices will be held on the campus of Greater Atlanta Christian (GAC).

LODGING

Group rates have been secured at Holiday Inn locations for all tournaments. A communication will immediately follow with information to make reservations.

QUESTIONS

If you have any questions, please email Karen Bryant at secretary@rocklax.com or call (770)402-7108.

Thank you for supporting the ROCK Lacrosse Program and we look forward to an exciting summer!